

Coronavirus (COVID-19) Health Check



This sheet provides general advice in line with Health Department guidelines, for key updates visit NSW Health www.health.nsw.gov.au for industry specific updates visit Australian Department of Health www.health.gov.au

Q: What is coronavirus?

A: Coronavirus (COVID-19) is a respiratory illness caused by a new virus. Coronaviruses are a large family of viruses that can make humans and animals sick. They cause illnesses that can range from the common cold to more severe diseases. Coronavirus (COVID-19) was first reported in December 2019 in Wuhan City in China.

Q: What are the symptoms of coronavirus?

A: Coronavirus symptoms can range from mild illness to pneumonia. People with coronavirus may experience symptoms such as fever, flu-like symptoms (coughing, sore throat and fatigue) and shortness of breath.

Q: Precautions for passengers travelling with us.

Passengers should follow precautions recommended by NSW Health when travelling with us such as:

- Do not travel if feeling unwell
- Handle their own luggage
- Practice good hygiene - cover their cough and sneeze, dispose of tissues, and use alcohol-based hand sanitiser
- Wash hands often with soap and water
- Alcohol-based hand sanitiser is advised where possible between hand washes and after opening and closing doors, moving luggage, and after personal contact

More information

Call the National Coronavirus Health Information Line on 1800 020 080. It operates 24 hours a day, seven days a week.

If you have concerns about your health, call healthdirect on 1800 022 222.

I confirm that I have read and understand the above and that I show no signs of COVID-19 and am safe and healthy to travel.

Name	Time	Date	Phone	I have read above & am safe to travel (signed)

Thank you – Spirit Safaris